

YR 8 Rounders

LITERACY/NUMERACY: Understanding of key terms regarding to rounders **Note: The PE assessment booklet focusses on the Components of Fitness in relation to rounders– this should be periodically addressed by the teacher in preparation for the completion of the booklet at the end of the unit of learning.**



| WK | CONTENT | OBJECTIVE |
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| 1 | Fielding skills To accurately replicate long barrier and use effectively in a game. To develop creative thinking & outwitting opponents with the placement of the ball. To be able to play conditioned game in which they understand and apply basic tactics. To develop communication skills, teamwork through rounders game play. | Warm up – Student led. Fielding game. Small teams. 2 rounders posts either end of grid. Can't run with ball. Must pass between fielders to get close enough to stump posts. Drop ball= possession over. Q&A knowledge on ready position (balls of feet, watch ball, hands out ready), barrier position (move in line with ball, barrier, hands point down, watch ball into hands). Rounders game. 2 teams- recap rules. No balls, direction of play, 1 per base, no overtaking. Out through–caught, bowled, run out. |
| 2 | Bowling development To accurately replicate a legal bowling technique. To incorporate spin & disguise into bowling to outwit batter. To understand what makes a legal ball and penalty for 3 no balls. To incorporate bowling, batting, fielding technique into a full game of rounders. | Warm up – Student led pulse raiser + stretches. Recap bowling technique. Teaching points; step into bowl, must pass between shoulder and knee. 3's; 1 pupil to hold hoop out to the side. Must bowl through hoop to be a legal ball. Pupils to explore with spin. Rounders game. 2 teams. Recap rules. All pupils to bowl 6 balls each. How do you score ½ a rounder + full rounder. Non-participants to shadow umpire. |
| 3 | Batting development To accurately replicate the batting technique. To develop the ability to hit the ball into space in relation to fielders. To refine tactical ideas depending on opposition. To analyse individual strengths and make tactics changes to the batting order/field positions as a result. | Warm up – Student led pulse raiser + stretches. 30m sprint test. Pupils to time each other. Discuss why speed is important. Recap batting technique. Teaching points; Stance, bat back in preparation, follow through. In 4's 1 batter, bowler, backstop and fielder. 5 bats each, rotate roles. Focus on good contact. Batter to place fielder in a certain position and hit to them. Rounders game. 2 teams. Pupils recap rules. |
| 4 | Positional roles To explore rounders positions and the relevant roles at each point. To develop knowledge of backstop to 1 st base tactics. To understand the need to change field positioning depending on batters set up. <i>i.e. left hander.</i> To develop creative thinking & outwitting opponents during a game. | Warm up – Student led. 3 vs 3 keep ball. Throwing & catching in small grid. In 5's 1 batter, bowler, backstop, base and fielder. Set up 2 posts. Batter to hit + run to base and back as many times as possible. Discuss judgment when running. 5 bats each, how many points. Swap roles. Rounders game. 2 teams- recap rules. No balls, communication between bases, no overtaking. Out through–caught, bowled, run out. |
| 5 | Tactics/strategies to outwit opponents To perform and replicate a combination of skills to outwit opponents in a game situation. To understand the importance of judgment as a batter in response to fielders actions. To make effective evaluations of strength and weaknesses, of self and others' performance. | Warm up – Student led pulse raiser + stretches. Pairs-agility test with coned course. Timed. In 5's 1 batter, bowler, backstop, base and fielder. Set up 2 posts. Explore ways to outwit 4 fielders. How were pupils successful? Highlight hitting into space, timing + accuracy. Rounders game. 2 teams – 5 minute innings. Discuss, refine and implement tactics after 1 st innings. |
| 6 | Assessment To demonstrate the ability to outwit an opponent in a game situation use a range of batting, bowling and fielding techniques. To demonstrate knowledge and understanding of the rules of rounders. To demonstrate a variety of tactics based on the opposition. To perform effective communication & teamwork skills. | Warm up – Student led pulse raiser + stretches. In pairs – Coordination catching game. Pupils to stand 2 metres apart. Bend knees. Throw under arm + catch return. Number of consecutive catches. Discuss assessment criteria. In 5's 1 batter, bowler, backstop, base and fielder. Set up 2 posts. Batter to hit + run to base and back. Rounders game. 2 teams – 5 minute innings. Pupils recap rules. Pupils to help umpire. |

Final Assessment

End of unit assessments to take place during Week 6
Pupils to complete assessment booklet

DIRT/FEEDBACK
Feedback obtained during lesson. Lots of opportunity for self assessment and peer feedback; as well as teacher feedback.

HOMEWORK
Students to access snippets of rounders games via you tube. Opportunity for engagement in extra-curricular rounders Plan a drill to teach or develop a key skill in rounders Reflect upon your own personal health and fitness– how can you access the right amount of exercise as part of a healthy active lifestyle.

SMSC and British Values
Understanding of the body in relation to others and space. Communication skills through ideas and the implementation of rules as a coach or referee.

PRESTWICH VALUES
Work Ethic
Respect
Team Work
Success
Equality

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| 1 | Describe a good hitting technique |
| | Demonstrate a good hitting technique |
| | Create successful scoring opportunities for yourself |
| 2 | Describe, and demonstrate placement of a shot with some elements of success. |
| | To make progress toward understanding some of the key rules of rounders |
| 3 | Create successful scoring opportunities for yourself and others |
| | To try a variety of attacking tactics |
| | To implement attacking plays into your games and to identify some rules with regards to tactics. |
| 4 | To have planned a warm up drill to get a small group active through rounders. |
| | To identify and attempt fielding strategies in rounders |
| | To make decisions in games as to shot selection with growing confidence and success. |
| 5 | I can identify opportunities where/when to place the ball |
| | I contribute towards the performance of my team and use my PE lesson to challenge my physical capabilities |
| 6 | I know where I can access rounders beyond my PE lessons |