

YR8 Cricket

LITERACY/NUMERACY: Understanding of key terms regarding to Cricket
Note: The PE assessment booklet focusses on the Components of Fitness in relation to Cricket– this should be periodically addressed by the teacher in preparation for the completion of the booklet at the end of the unit of learning.



WK	CONTENT	OBJECTIVE
1	Fielding practice To use & perform a range fielding techniques depending on competitive situation. To make accurate decision about outwitting opponents with the placement of the ball. To play a full game in which they refine and apply tactics. To develop a deeper understanding the laws of cricket and officiate correctly.	Warm up – Student led. Fielding game. Small teams. 2 stumps either end of grid. Can't run with ball. Must pass between fielders to get close enough to hit stumps. Drop ball= possession over. Recap long barrier technique. Pairs-roll ball along ground (so partner needs to move), long barrier, roll back. Pairs cricket game. 8's – 1 pair in bat, 1 pair bowl/Wicket keep, 2 pairs field. 2 overs for each batting pair. 2 runs for wide + no ball, no extra ball.
2	Batting-drive shot To develop the basic stance and use the correctly perform the drive shot technique. To develop knowledge of movement, timing and preparation for an effective batting shot execution. To develop the ability to adjust shot direction based on field positioning. To begin to analyse peers batting technique & suggest ways to improve.	In pairs, relay jogging up and down the wicket, grounding the bat on the floor as the crease is reached. 3's; explore use of off/straight/on drive. Drop Feed Drive – 3's – 1 Feed, 1 Bat, 1 Fields, Drop Feed Drive – Target Cones. Teaching points; Foot positioning, Head over ball & high elbow. Competitive situation, pupils to bowl, drive + run to a cone after shot within (small playing area) The batter cannot hit ball out of area (only about 10 metres), fielders to retrieve ball and try to run them out. Student to coach. Full Pairs Cricket (4 pairs per game).
3	Batting- pull shot To understand & accurately replicate the correct pull shot technique. To attempt to use the pull shot in a competitive environment. To Introduce the need for “backing up” in the field during game situation. To further develop the ability to adjust shot direction in order to outwit fielders. To understand basic umpire signals & meaning.	In 3's, “Beat the bat game”. Set up a wicket. A is batter, B is feeder and wicket keeper and C is the fielder. Player B rolls the ball on the floor to Player C who must get the ball back to the Wicket keeper for stumping before batsman can get around cone & back. Discuss batting pull shot. When have you seen it used. 3's – 1 Feed, 1 Bat, 1 Field. T.P's; Foot position, play to ball across body & roll over wrists. Pairs cricket game. 8's per pitch. Extra points for hitting through (pull) target.
4	Bowling-run up development To be able to accurately replicate full over arm bowling technique. To incorporate a small run up & understand the impact it has on bowling speed/power. To understand the rules & infringement related to bowling deliveries. To incorporate full bowling into small sided games of Cricket.	Warm up – Student led pulse raiser + stretches. In pairs; move around area throwing and catching, overarm & underarm. Start with 10 points + lose a point for every dropped ball. Discuss bowling delivery phases. Teaching points; grip, coil –line & length. Discuss spin, accuracy & disguise. 2 v 2 –Bowl at each others wickets. Target Bowling – aim for coned square. 3 step run up. Diff=more able full run up. Pairs cricket game; Must attempt to bowl using the overarm technique.
5	Batting calls/basic field placement. To understand the need for basic communication skills and appropriate batting calls. To have some knowledge of fielding positions and correct terminology. To perform and replicate a combination of skills to outwit opponents in a match situation. To develop the use of tactics to outwit batsmen & fielders respectively.	Warm up – Student led pulse raiser + stretches. Target game to practise accuracy of throw. Paired competition. Make it more challenging. 6's-set up batting strips. Discuss batting calls & importance of communication. Yes/no/waiting. Name some off and on side field position. Pupils to perform roles. 1 bowler, batsmen, wicket keeper, 3 fielders. Practice and explore use of learnt skills. Highlight hitting into space, timing + calls. Pairs cricket game.
6	Assessment To demonstrate the ability to outwit an opponent in a game situation	Warm up – Student led pulse raiser + stretches. Highlight assessment criteria. Groups of 5, to use batting strips to

Final Assessment

End of unit assessments to take place during Week 6
Pupils to complete assessment booklet

DIRT/FEEDBACK
Feedback obtained during lesson. Lots of opportunity for self assessment and peer feedback; as well as teacher feedback.

HOMEWORK
Students to access snippets of tennis games via you tube. Opportunity for engagement in extra-curricular cricket. Plan a drill to teach or develop a key skill in cricket Reflect upon your own personal health and fitness– how can you access the right amount of exercise as part of a healthy active lifestyle.

SMSC and British Values
Understanding of the body in relation to others and space. Communication skills through ideas and the implementation of rules as a coach or referee.

PRESTWICH VALUES
Work Ethic
Respect
Team Work
Success
Equality

1	Describe an forearm
	Demonstrate an forearm
	Create successful scoring opportunities for yourself
2	Describe, and demonstrate a shot with some elements of success.
	To make progress toward understanding some of the key rules of cricket.
	Create successful scoring opportunities for yourself and others
3	To try a variety of attacking tactics in both bowling and batting
	To implement attacking plays into your games and to identify some rules with regards to tactics.
4	To have planned a warm up drill to get a small group active through cricket.
	To identify and attempt 3 key batting techniques and be able to bowl overarm
	To make decisions in games as to shot selection with growing confidence and success.
5	I can identify opportunities to outwit an opponent
	I contribute towards the performance of my team and use my PE lesson to challenge my physical capabilities
6	I know where I can access cricket beyond my PE lessons