

YR 7 Rounders

LITERACY/NUMERACY: Understanding of key terms regarding to rounders **Note: The PE assessment booklet focusses on the Components of Fitness in relation to rounders– this should be periodically addressed by the teacher in preparation for the completion of the booklet at the end of the unit of learning.**



WK	CONTENT	OBJECTIVE
1	Ball familiarisation/catching To develop an understanding and knowledge of the basic fundamentals of Rounders. To be able to accurately replicate a basic throwing & catching technique. To be able to play conditioned game in which they understand and apply basic tactics. To begin to think about outwitting opponents with the placement of the ball.	Warm up – Student led. Coordination catching game. Pupils to stand 2 metres apart. Bend knees. Throw under arm + catch return. Number of consecutive catches. Demo catching styles; cup-low catch/reverse cup-high ball. T.P's; Bring hands to chest as you catch, eyes on ball, cushion catch. Pairs to experiment with low and high catches. Rounders game. 2 teams-highlight basic rules. No balls, direction of play, 1 per base, no overtaking. Out through–caught, bowled, run out.
2	Fielding To use both underarm & over arm throws depending on game situations. To accurately replicate long barrier and use effectively in a game. To begin to outwit opponents with the use of bating shots. To develop communication skills, teamwork through rounders game play.	Fielding game. Small teams. 2 rounders posts either end of grid. Can't run with ball. Must pass between fielders to get close enough to stump posts. Drop ball=possession over. Highlight long barrier technique. Pupils to shadow (no ball). Pairs-roll ball along ground, long barrier, roll back. Differentiation= roll so partner must move first. Discuss when is best to use underarm (close) & over arm (long distances) Rounders game. 2 teams. Recap rules.
3	Bowling To accurately replicate the correct bowling technique. To understand what makes a legal ball and penalty for persistent no balls. To play conditioned game understanding the rules and tactics. To incorporate bowling, batting, fielding into a game of rounders.	Warm up – Student led pulse raiser + stretches. Discuss bowling technique. Teaching points; grip, step into bowl, must pass between shoulder and knee. 3's; 1 pupil to hold hoop out to the side. Must bowl through hoop to be a legal ball. Pupils to explore delivery. Points for successful balls. Rounders game. 2 teams. Recap rules. How do you score ½ a rounder + full rounder. Non-participants to shadow umpire.
4	Batting To accurately replicate the batting technique. To understand the importance of ball placement in relation to the fielders. To develop knowledge of rounders rules and use effective communication as a team. To refine basic tactical ideas depending on successful outcomes.	Warm up – Student led pulse raiser + stretches. 3 vs 3 keep ball. Throwing & catching in small grid. Highlight batting technique. Teaching points; Stance & Grip, bat back in preparation, follow through. In 4's –Hit the ball off batting tee. 1 batter, bowler, backstop and fielder. 5 bats each, rotate roles. Focus on good contact. Progress to bowling to batter. Rounders game. 2 teams. Pupils recap rules.
5	Fielding tactics/strategies to outwit opponents To understand the fielders roles and base responsibilities. To perform and replicate a combination of skills to outwit opponents in a game situation. To understand basic tactics to outwit batters & fielders respectively. To make effective evaluations of strength and weaknesses, of self and others' performance.	Warm up – Student led pulse raiser + stretches. Pairs-roll ball out for partner to retrieve, and accurately throw back to feeder who stumps base. Swap roles. Progress to 4's – batter to hit ball and run to base and back before ball is stumped at starting base. Highlight hitting into space, timing + accuracy when bowling. Rounders game. 2 teams – 5 minute innings. Pupils recap rules. Anticipate batters movement between bases. Important to stop scoring at 2 nd /4 th base.
6	Assessment To demonstrate the ability to outwit an opponent in a game situation use a range of batting, bowling and fielding techniques. The pupils are to develop their knowledge and understanding of the rules of rounders. To demonstrate a variety of tactics based on the	Warm up – Student led. In pairs – A rolls the ball out and B sprints after it rakes the ball up and picks the ball up throwing ball back to A using over arm. Highlight assessment criteria. 4's – batter to hit ball and run to base and back before ball is stumped at starting base. Rounders game. 2 teams – 5 minute

Final Assessment

End of unit assessments to take place during Week 6 Pupils to complete assessment booklet

DIRT/FEEDBACK
Feedback obtained during lesson. Lots of opportunity for self assessment and peer feedback; as well as teacher feedback.

HOMEWORK
Students to access snippets of rounders games via you tube. Opportunity for engagement in extra-curricular rounders Plan a drill to teach or develop a key skill in rounders Reflect upon your own personal health and fitness– how can you access the right amount of exercise as part of a healthy active lifestyle.

SMSC and British Values
Understanding of the body in relation to others and space. Communication skills through ideas and the implementation of rules as a coach or referee.

PRESTWICH VALUES
Work Ethic
Respect
Team Work
Success
Equality

1	Describe a good catching technique
	Demonstrate a good catching technique
	Create successful scoring opportunities for yourself
2	Describe placement of a shot
	To make progress toward understanding some of the key rules of rounders
	Create successful scoring opportunities for yourself and others
3	To try a variety of attacking tactics
	To implement attacking plays into your games and to identify some rules with regards to tactics.
4	To have planned a warm up drill to get a small group active through rounders.
	To identify and attempt fielding strategies in rounders
	To make decisions in games as to shot selection with growing confidence and success.
5	I can identify opportunities where/when to place the ball
	I contribute towards the performance of my team and use my PE lesson to challenge my physical capabilities
6	I know where I can access rounders beyond my PE lessons