

# YR7 Cricket

**LITERACY/NUMERACY:** Understanding of key terms regarding to Cricket  
**Note:** The PE assessment booklet focusses on the Components of Fitness in relation to Cricket– this should be periodically addressed by the teacher in preparation for the completion of the booklet at the end of the unit of learning.



WK	CONTENT	OBJECTIVE
1	<b>Ball familiarisation/catching</b> To demonstrate & use a variety of catching styles. To be able to accurately replicate a basic throwing technique. To be able to play conditioned game in which they understand and apply basic tactics. To develop understanding the laws of cricket. To begin to think about outwitting opponents with the placement of the ball.	Warm up – Student led. Coordination catching game. Pupils to stand 2 metres apart. Bend knees. Throw under arm + catch return. Number of consecutive catches. Demo catching styles; Tea cup-low catch/reverse cup-high ball. T.P's; Bring hands to chest as you catch, eyes on ball, cushion impact. Pairs to experiment with low and high catching styles. Game: Kwik (non–stop) Cricket. 2 teams-Pupils to run around either wickets after every bowl. Out through–caught, bowled, hit own wickets
2	<b>Fielding</b> To use both underarm and over arm throws depending on competitive situation. To accurately replicate the long barrier technique. To begin to outwit opponents with the use of bating skills. To confidently score/officiate a kwik cricket game.	Fielding game. Small teams. 2 stumps either end of grid. Can't run with ball. Must pass between fielders to get close enough to hit stumps. Drop ball=possession over. Demo long barrier technique. Pupils to shadow (no ball). Pairs-roll ball along ground, long barrier, roll back. Differentiation= roll so partner must move first. Discuss when to use underarm- close to wicket, over arm- long distances/power. Pairs cricket game. 8's – 1 pair in bat, 1 pair bowl/Wicket keep, 2 pairs field.
3	<b>Bowling</b> To be able to accurately replicate basic bowling technique. To understand the laws about bowling deliveries. To play conditioned game understanding rules and tactics. To incorporate bowling, batting, fielding into small sided games of Cricket.	Warm up – Student led. SAQ ladders. 1 foot, 2 feet in each. Side stepping. Discuss cricket bowling delivery. Brainstorm pupils knowledge. Teaching points; grip, delivery-figure of 8, coil –line & length. Pairs; to explore delivery from standing. Progress to small run up. 3 v 3 – Bowl at each others wickets. Target–box/stumps, points for box/stumps. Winner up/loser down. Pairs cricket game.
4	<b>Batting</b> To accurately replicate the basic batting grip and drive technique. To understand the importance of movement, timing and preparation for an effective batting drive. To develop the ability to adjust shot selection based on field positioning. To develop knowledge of when to play drive.	Warm up – Student led. 3 vs 3 keep ball. Throwing & catching in small grid. Discuss batting technique. Highlight teaching points; Stance & Grip, action, high elbow, head over ball. In 4's –Hit the ball off a cone at a coned gate. Fielders stopping the ball. Reset ball on tee. Rotate roles. Progress to feed to batsmen, 3's – 1 feed, 1 bat, 1 wicket keep. Develop – bowl into box – batsmen plays 7 drives – points for shots. Pairs cricket game. 8's per pitch.
5	<b>Game situations/basic strategies</b> To perform and replicate a combination of skills to outwit opponents in a match situation. To understand basic tactics to outwit batsmen & fielders respectively. To understand all rules of a full cricket game. Make effective evaluations of strength and weaknesses, of self and others' performance.	Warm up – Student led pulse raiser + stretches. 5 batting strips. Pupils to perform a number of roles. Target – Bowling – Drill – 5 Points for Stumps. Progress to introducing 1 bowler, batsmen, wicket keeper, 2 fielders. Practice and explore use of learnt skills. Highlight hitting into space, timing + accuracy when bowling. Pairs cricket game. 8's – 1 pair in bat, 1 pair bowl/Wicket keep, 2 pairs field.
6	<b>Assessment</b> To demonstrate the ability to outwit an opponent in a game situation use a range of techniques. The pupils are to develop their knowledge and understanding of the laws of cricket. To demonstrate a variety of tactics based on the placement of the ball	Warm up – Student led pulse raiser + stretches. Highlight assessment criteria. Groups of 5, to use batting strips to demonstrate accurate replication of learnt skills. Run 2 full games (4 teams). Pupils to help umpire and coach. Discuss, refine and implement team tactics. Differentiate in terms of

**Final Assessment**  
  
End of unit assessments to take place during Week 6 Pupils to complete assessment booklet

**DIRT/FEEDBACK**  
Feedback obtained during lesson. Lots of opportunity for self assessment and peer feedback; as well as teacher feedback.

**HOMEWORK**  
Students to access snippets of tennis games via you tube. Opportunity for engagement in extra-curricular cricket. Plan a drill to teach or develop a key skill in cricket Reflect upon your own personal health and fitness– how can you access the right amount of exercise as part of an healthy active lifestyle.

**SMSC and British Values**  
Understanding of the body in relation to others and space. Communication skills through ideas and the implementation of rules as a coach or referee.

**PRESTWICH VALUES**  
Work Ethic  
Respect  
Team Work  
Success  
Equality

<b>1</b>	Describe an forearm
	Demonstrate an forearm
	Create successful scoring opportunities for yourself
<b>2</b>	Describe, and demonstrate a shot with some elements of success.
	To make progress toward understanding some of the key rules of cricket.
	Create successful scoring opportunities for yourself and others
<b>3</b>	To try a variety of attacking tactics in both bowling and batting
	To implement attacking plays into your games and to identify some rules with regards to tactics.
<b>4</b>	To have planned a warm up drill to get a small group active through cricket.
	To identify and attempt 3 key batting techniques and be able to bowl overarm
	To make decisions in games as to shot selection with growing confidence and success.
<b>5</b>	I can identify opportunities to outwit an opponent
	I contribute towards the performance of my team and use my PE lesson to challenge my physical capabilities
<b>6</b>	I know where I can access cricket beyond my PE lessons