

Easter Revision Plan

Your revision time between now and June is the most important time of your education so far! Revising sensibly will ensure you achieve the best grades of which you are capable, and the grades that you deserve.

Revising with a negative or casual attitude will also ensure you achieve the grades you deserve.

Before the last day of term, ensure that you have all of the books, equipment and most of all, the information from your teachers that you need.

Over this Easter Holiday you should;-

Discuss your revision plans with your parents; encourage them to read these notes.

Begin to use the revision techniques described to help you achieve your full potential during your GCSE examinations. Read the notes given with this sheet to help you.

Draw up or review lists of the topics you are going to revise in each subject,

Read up each topic thoroughly and begin to, or continue to make and condense revision notes

Aim to work for a **minimum** of 4 hours a day. For instance;-

An hour before lunch, two hours after and one hour in the evening.

or

Two hours before lunch and, two hours after.

It is not easy, but set yourself a sensible timescale and stick to it.

- Try to build lots of variety into your revision. Use words and pictures, mind mapping is especially good.
- Make sure you know how the bits of your revision fit together. Figure out the big picture and then break it down into smaller bite-sized pieces that you need to learn.
- Work from what you know, but also introduce new information regularly as this will stimulate your thought process and prevent you from skimming over information.
- Be positive about your revision. Focus on what you have achieved as well as what you still have to do. Talk to other people to get feedback on what you're doing. Try to find ways of getting yourself into a positive frame of mind. You can do it! Try relaxation techniques.
- Sleep and exercise are really important too - make sure you get enough of both.
- Eat sensibly, try to avoid lots of fatty foods and eat lots of fresh fruit and vegetables. Drink plenty of water, and try to avoid tea, coffee and coke as they have a high caffeine content and will dehydrate you.
- Try to find patterns in what you are learning. Use memory tricks and make up stories to remember things.
- Use the mornings to work on things that are new or that you find hard to understand. Use that afternoon to go over things you've already learnt.
- Using music when you are reviewing something can help you concentrate however it can be a block when you are learning something new.
- Displays mind maps, diagrams, important facts etc around the walls above eye level.
- Make sure you understand why you need to learn something-what's the reasoning behind it? Why is it important?

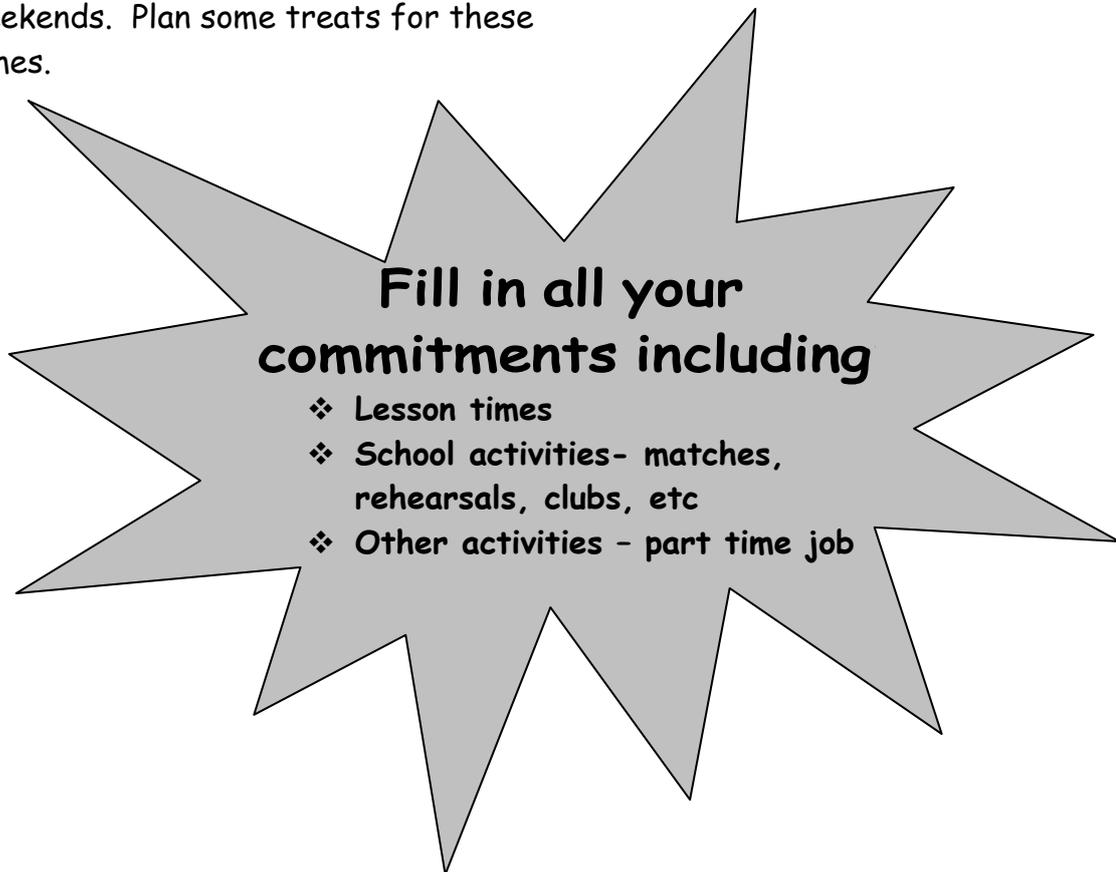
Preparing Your Revision Plan

Your revision plan will help you to know what you want to do and when you want to do it.

Use the revision timetable to help. Use a new one for each week between now and the final exams.

Divide each day into sessions with a break of 5 minutes between some sessions and 10 minutes between others. Remember to leave time for meals and be realistic about how much you can do in a day - eight hours a day, even if you are behind, is a little over the top!

Set some time aside each day for relaxation - perhaps an hour each evening during the week and a little more in the afternoon at the weekends. Plan some treats for these times.



If time is short you must decide what is more important, your social life and part time employment or achieving examination grades which will stay with you for the rest of your life.

See also the revision resources area on the school website.

Also try:-

www.bbc.co.uk/schools/revision/

http://www.bbc.co.uk/surgery/your_world/school_studying/exams_revision_basics/

Revision Planner

Week beginning

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
9am							
10am							
11am							
12 noon							
1pm							
2pm							
3pm							
4pm							
5pm							
6pm							
7pm							
8pm							